



Country Village Preschool & Kindergarten

NEWSLETTER

FOOTHILL RANCH

FEBRUARY 2010

Dear Families,

What a wonderful start to a brand new year! We have a lot going on in February so please check buckets regularly for important information.

UPCOMING EVENTS

Feb.4	Kindergarten Information Night
Feb.9/10	Registration Forms go home For Fall '10
Feb. 10	Chancy & Bruce Follow up Meeting 6:30pm
Fed.11/12	Friendship Sharing Sing-a-long
Feb. 15	School Closed Presidents Day
Feb. 23/24	Dr. Ballou will visit the Children
Feb. 26	Registration Forms Due
March 3/4	Spring Pictures

Chancy & Bruce

The Chancy & Bruce assessments are done! The results will be available **Wednesday, Feb.10, 2009 at 6:30pm**. The Chancy and Bruce Follow-up meeting will be in room 1. This follow up meeting will explain the results of the assessment and answer any questions you may have. **Parents please no children.**

Friendship Sharing Days

Our Friendship Sharing Sing-a-long will be **Feb.11 and 12**. **We will also be preparing a special snack**, so parents be on the look out for a sign up sheet in the classrooms for the food items needed. Parents please do not send sugared treats or valentines cards to school. **If you would like to write cards with your child at home, please use our school directory to mail them out. Thank you for your understanding.**

Registration

Registration time is here again! Country Village Preschool is starting registration for **Fall 2010-2011 School Year and our 2010 Summer Program**. Children currently attending Country Village Preschool and their siblings will be enrolled first. Packets will be sent out **Feb. 9 & 10** in your child's bucket. Everyone must re-register! All registration forms will be due by **Feb. 26**. We will then be sending registration packets to the parents on our wait list.

Kindergarten Information Night

Please come learn about Country Village's wonderful Kindergarten program at our "Kindergarten Information Night," on Thursday, Feb. 4 at 6:30pm. Come and meet Mrs. Gill and hear about our awesome program! After the meeting, if you are interested in our Kindergarten, please set up a time to observe Mrs. Gill's classroom and find out more about our curriculum. You may pickup a Kindergarten application at the meeting or in the office. Feel free to stop in the office if you have any questions.

Soles4Souls

Special thank you to Ms. Churchill and Ms. Freeman for organizing the shoe drive for Haiti and a heart-warming thank you to all our CVPS families and staff that donated shoes for the Haitian people. There was such an overwhelming response from everyone that we were unable to count just how many pairs we received. The earthquake in Haiti and it's devastation that affected so many, brought our community together in wanting to do something to help. By lending a hand and donating the shoes we have joined together to start their healing.

National Dental Month

February is National Dental Month! To support health habits Dr. Ballou and his associates are coming to Country Village Preschool to encourage the children to floss and brush regularly. The assemblies will be held **Tuesday, February 23 and Wednesday, February 24**. Please talk with children about the importance of caring for their teeth.

****Country Village Preschool will be closed for Presidents Day Monday, Feb. 15, 2009. ****

More on next page!

Getting Kids to Brush Their Teeth

http://www.suite101.com/editors_choice.cfm

Simple Ways to Motivate Your Children to Floss and Brush

[Shelly Campbell](#)

If your kids fight your efforts to keep their teeth clean and don't want to brush, what can you do? Try these creative tips to encourage better tooth brushing compliance.

When you ask your children to get out the floss, do they scatter to the wind? Does your toddler throw such a fit when it's time for tooth brushing that you're tempted to just skip it to avoid the hassle? That's understandable, but a big mistake.

You are doing your child an enormous favor by helping her establish consistent brushing and flossing routines in early childhood. A build-up of dental plaque can combine with foods not brushed away to form harmful acids that can lead to tooth decay (cavities) and even gum disease. If you factor in frequent consumption of juice or milk in sippy cups that continually bathe the teeth in sugars, trouble lurks down the road unless teeth are thoroughly cleaned on a regular basis.

Use marketing magic

Is it necessary to buy anything fancier than a plain, inexpensive soft-bristled toothbrush and basic dental floss to get the job done? Definitely not. The fact is though, that kids respond to the huge variety of products now available in the toothbrush aisle. Remember the research where children preferred the carrots packaged in a fast food box? Even if it means paying slightly more, capitalize on your child's wish for a Curious George brush or Wacky Watermelon toothpaste, and watch their cooperation level rise. Toothbrushes that play music, light up, or are decorated with your child's favorite TV character can be enticing, and a colorful, shark-shaped individual "flossier" may be just the thing to inspire your reluctant son. Let your children participate in the shopping.

Rev it up

Powered toothbrushes are another option to spark the interest of the younger set. Kids may be intrigued by the rotating or oscillating bristle action and the exciting noises. The battery-powered models are generally inexpensive, and like their manual counterparts, come in fun character versions that kids love. One caution: back teeth may be hard to reach in very young children's mouths with this type of brush.

Make it a game

With little ones, try turning brushing time into a little race. If Daddy says "I'm going to beat you to get your toothbrush!" your toddler may get into the spirit of the "competition", and not realize this game will achieve *your* intended result. Or use the music or lights on a timed brush to your advantage by allowing your child to push the button a second time and brush alone after you've brushed the first round. If your child's favorite color is green, ask him to search for the green flossier you've hidden in the drawer. Feigning "blindness" after looking at the newly sparkling white teeth often brings laughs. Reward cooperation with much praise and keep looking for ways to incorporate the element of play.